

PARK TIMBERS SWIM, TENNIS & FITNESS CLUB

POOL, PATIO, DIVING BOARD AND BABY POOL RULES

Report any problems or suggestions to the PTHOA Community Center Committee (“CCC”) at parktimbersclub@bellsouth.net

For a complete set of Rules and Information applicable to your membership or use of the facilities, please also refer to the General Rules, Tennis Court Rules, Fitness Center Rules and Party Rules.

POOL AND PATIO RULES

- 1. THE GATE MUST BE CLOSED AT ALL TIMES!!!**
2. Swim at your own risk when a lifeguard is not on duty.
3. No one under age 18 is allowed in the pool without a lifeguard on duty unless accompanied by a parent/guardian. When a lifeguard is on duty, the first ten minutes of every hour will be lifeguard break – adult swim only, unless the parent is physically in the water with the child and attending to that child (not swimming laps).
4. Regardless of whether a lifeguard is on duty, no one under age 11 is allowed on premises without adult supervision (or a sitter over 15 years old). Lifeguard on duty is not considered adult supervision or sitter. When a lifeguard is on duty, unaccompanied children ages 11-14 must pass a swim test (see lifeguard for details and test). Parents who violate these rules will be called to pick up their children immediately.
5. No running.
6. No glass containers or balloons anywhere on the grounds.
7. No diving in shallow end. No back dives except from the diving board.

8. No jumping or diving from starting blocks (except with permission of swim team coach).
9. No jumping, diving, or sliding from objects on the side of the pool - e.g., tables, chairs, benches, slides, etc.
10. No food, gum, smoking or drinks in the pool or on sides of pool.
11. No distracting the lifeguard.
12. The lifeguard has the responsibility of maintaining discipline in the pool area. Consequently, the lifeguard is to call to the attention of the individual or individuals, any infraction of regulations or other behavior, which is detrimental to the welfare or safety of members and guests and the operation of pool facilities. Lifeguards have the authority to deny the use of the pool or patio facilities to members and guests for cause, pending action by the CCC.
13. Lifeguards may impose “time out” or ejection for disorderly conduct or disobedience.
14. Lifeguards have the authority to deny the use of the pool or patio facilities to members and guests for cause, and further action may be taken by the CCC.
15. Lifeguards may close the pool if he or she considers the weather, or other hazards, or unsafe conditions warrant it.
16. Showers are required before entering the pool, after exercising or sunbathing.
17. Close umbrellas after use when no lifeguard is on duty or in windy conditions.
18. Please sign in when the book is out. Report suspected trespassers to guard or lifeguard or CCC.
19. No pets allowed on premises.

20. Please turn off lights when leaving if no lifeguard is on duty.
21. Please dispose of your trash properly.
22. 24-hour video surveillance cameras in use.
23. Pool hours may vary if a private party is being held, including on Mondays from 6:00 P.M. – 9:00 P.M. Please check the PTHOA calendar.
24. Admission to the pool may be refused to anyone wearing bandages or who has skin abrasions, a cold, a cough, inflamed eyes, or other infection.
25. The control of the use of pool toys, floats, balls, etc., will be at the discretion of the lifeguard and/or the CCC.

DIVING BOARD RULES

1. Weight limit 225 lbs.
2. Only one person is allowed on board at a time.
3. Diving area is for divers only; exit immediately after dive. Do not rest on the walls or stairs when others are diving. Get out!
4. Divers shall wait until the diving well is completely clear (a) before stepping onto the board and (b) immediately after diving.
5. No jumping or diving onto anything in the water.
6. No tossing objects toward a diver in the process of diving.

7. Divers must step onto the board from the rear, not from the side, and not from under the rails.
8. No swinging or playing on or under the handrails.
9. No running on the board; no running onto the board.
10. Divers must be bare foot. No flippers or shoes.
11. Back dives are permitted only from a stationary position, and only if the diver rotates away from the diving board and toward the tennis courts. No inward back dives. Double-check to be sure no one is in the well!
12. All diving shall be from the end of the diving board and straight forward, never to the side.
13. No cartwheels or handstands.
14. No sitting on or hanging from the board.

Caution: The bottom of the diving well slopes up to the main pool. To avoid injury, do not dive too far.

BABY POOL RULES

1. Lifeguard is not responsible for baby pool area.
2. Members are responsible for the safety of their children.
3. No unattended children in baby pool.
4. Only children under 6 years old are allowed.

5. No jumping or diving into the pool.
6. No food, gum, smoking, or drinks in the pool or pool area.
7. Clean diapers or swimmies must be worn by toddlers who are not potty-trained. Please immediately report “accidents” to the lifeguard or CCC, so the pool can be treated.
8. Please remove toys from the pool when finished.